



# AUSTRALIA

## ABOUT AUSTRALIA VACCINATIONS

The Commonwealth of Australia is the smallest continent and consists of more than 8,000 islands. As the largest country in the region of Oceania, Australia offers many climate conditions, from tropical monsoons in the north to arid deserts in the centre and in between, temperate, Alpine and sub-tropical weather.

### OVERALL RISK

Low Risk - Preventable disease is low risk. Consult a Travelvax clinic for your specific risk based on the information set out below.

### MALARIA RISK

No risk to travellers.

## VACCINE PREVENTABLE DISEASES

### YELLOW FEVER

A yellow fever vaccination certificate is required for travellers aged 1 year or over arriving from countries with risk of yellow fever transmission (with the exception of Galápagos Islands in Ecuador) and for travellers having transited for more than 12 hours through an airport of a country with risk of yellow fever transmission (with the same exception as mentioned above).

### HEPATITIS A

Low risk.

### HEPATITIS B

Moderate presence of Hepatitis B in local population. Vaccination would be recommended.

### TYPHOID

Low risk for most travellers. Consult a medical practitioner for your specific risk.

### INFLUENZA

Southern hemisphere winter risk (May to October). Most common vaccine preventable illness in travellers. Vaccine recommended, effective for 1 year.

## RABIES

Disease present. Recommendation for vaccination will depend on specific itinerary and activities planned. Generally rabies vaccination is advised for high risk individuals such as veterinarians or animal handlers, cavers. Additionally for higher risk travellers who plan: extended periods outdoors, rural travel, adventurous activities including bicycling; also expats or long-term travellers to endemic regions and children (risk of more severe or risk-prone bites and may not report contact at all).

## JAPANESE ENCEPHALITIS

Disease present. Seasonal risk will vary by country. Whether vaccinations will be recommended will depend on itinerary, length of stay, type of travel etc and needs to be discussed with a medical practitioner. Risk is highest around pig farms and in agricultural areas. Mosquito avoidance measures are highly recommended all year round. Consult a medical practitioner for your specific risk, particularly if travelling during the wet season.

## POLIO

No risk to travellers.

## TICKBORNE ENCEPHALITIS

No risk to travellers.

## MENINGOCOCCAL MENINGITIS

Low risk to travellers.

## CHOLERA

No risk to travellers.

## OTHER DISEASES

### TRAVELLERS DIARRHOEA

Low risk to travellers.

### INSECT-BORNE DISEASES

Diseases such as [Dengue](#), [Chikungunya](#), [Zika](#) may be present. Seasonal risk will vary by country. Whether preventive measures will be recommended will depend on itinerary, length of stay, type of travel etc. and needs to be discussed with a medical practitioner. For those countries with disease present, risk is highest in urban and semi-urban areas, but may also occur in rural areas; [insect avoidance measures](#) are highly recommended all year round. Travelvax believes that the best defence is to understand their habits, dress properly and use an [effective insect repellent](#) in the correct manner. Consult a medical practitioner for your specific risk.

### SCHISTOSOMIASIS

No risk to travellers.

### STIs

Low incidence of sexually transmitted and blood-borne diseases. Safe sex and needle precautions should be followed by all travellers.

### ALTITUDE

No risk to travellers.

## **ADDITIONAL INFORMATION**

### **PERSONAL SAFETY**

In order to check before and during travel for any high-risk areas visit the Smartraveller website. Avoid unnecessary displays of wealth or valuables and minimise the amounts of cash carried. Keep secure records of passport/credit card/licence numbers. For more safety tips visit: [www.smartraveller.gov.au](http://www.smartraveller.gov.au).

### **MEDICAL CARE**

Comprehensive medical facilities accessible throughout the country. Check for any contacts supplied by your emergency assistance organisation (nominated by your travel insurer) or with IAMAT (International Association of Medical Assistance for Travellers).

### **FIRST AID KITS & ACCESSORIES**

No particular need outside personal requirements. Travellers involved in adventurous activities (trekking, cycling, camping, etc) should always carry an appropriate first aid kit. Consult a medical practitioner for the need to carry an [insect repellent](#) containing DEET, Picaridin or Citriodiol.

**More information on Australia is available during your pre-travel consultation with Travelvax.  
Call 1300 360 164 for the location of the clinic nearest to you.**