

# **TUNISIA**

## **ABOUT TUNISIA VACCINATIONS**

Tunisia is located in northern Africa. Tunisia has a Mediterranean climate with mild, rainy winters and hot, dry summers. Coastal temperatures are less extreme than inland. Average daily temperatures inland are 4°C in January and 37°C in August.

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# **OVERALL RISK**

Medium Risk - Preventable disease occur sporadically or at moderate levels. Consult a Travelvax clinic for your specific risk if travelling outside resorts, 5 star accommodation or for periods longer than a few days.

## **MALARIA RISK**

No risk to travellers.

# **VACCINE PREVENTABLE DISEASES**

#### YELLOW FEVER

No certificate required.

## COVID-19

For the most up to date requirements for entry into Australia, go to Smartraveller.

Please click this COVID-19 Travel Regulations Map (IATA) to view the latest Tunisia COVID travel requirements.

#### **HEPATITIS A**

Moderate risk to travellers, vaccination recommended.

#### **HEPATITIS B**

Moderate presence of Hepatitis B in local population. Vaccination would be recommended.

## **TYPHOID**

Moderate risk for most travellers. Vaccination recommended for travel to smaller cities, villages and rural areas outside usual tourist routes. Some medical conditions pre-dispose to infection; whether vaccinations would be recommended should be discussed with a medical practitioner. Consult a medical practitioner for your specific risk.

#### **INFLUENZA**

Northern hemisphere winter risk (November to April). Most common vaccine preventable illness in travellers. Vaccine recommended, effective for 1 year.

## **RABIES**

Disease present. Recommendation for vaccination will depend on specific itinerary and activities planned. Generally rabies vaccination is advised for high risk individuals such as veterinarians or animal handlers, cavers. Additionally for higher risk travellers who plan: extended periods outdoors, rural travel, adventurous activities including bicycling; also expats or long-term travellers to endemic regions and children (risk of more severe or risk-prone bites and may not report contact at all).

## **JAPANESE ENCEPHALITIS**

No risk to travellers.

#### **POLIO**

No risk to travellers.

## **TICKBORNE ENCEPHALITIS**

No risk to travellers.

## **MENINGOCOCCAL MENINGITIS**

Low risk to travellers.

#### **CHOLERA**

No risk to travellers.

## OTHER DISEASES

#### TRAVELLERS DIARRHOEA

High risk. Travellers' Diarrhoea affects 20-60% of overseas travellers, food and water precautions are essential. Self-treatment medications may be recommended.

## **INSECT-BORNE DISEASES**

Low risk to travellers.

#### **SCHISTOSOMIASIS**

Swimming or bathing in freshwater is the main cause of infection. Avoid freshwater contact if you are unsure of origin.

#### STIs

Low incidence of sexually transmitted and blood-borne diseases. Safe sex and needle precautions should be followed by all travellers.

#### **ALTITUDE**

No risk to travellers.

# ADDITIONAL INFORMATION

## **PERSONAL SAFETY**

In order to check before and during travel for any high-risk areas visit the Smartraveller website. Avoid unnecessary displays of wealth or valuables and minimise the amounts of cash carried. Keep secure records of passport/credit card/licence numbers. For more safety tips visit: www.smartraveller.gov.au.

## **MEDICAL CARE**

Comprehensive medical facilities available only in the major population centres and/or specific private clinics. Sterile surgical products (syringes/needles/sutures) are not always available. Check for any contacts supplied by your emergency assistance organisation (nominated by your travel insurer) or with IAMAT (International Association of Medical Assistance for Travellers).

#### FIRST AID KITS & ACCESSORIES

Always carry an <u>advanced first aid kit</u>, including needles and syringes (shortages of sterile equipment are common). A prescription kit (containing treatments for travellers' diarrhoea) is essential. A <u>mosquito net</u> and <u>insect repellent</u> (containing DEET, Citriodiol or Picaridin) are highly recommended, even if anti-malarials are taken.

More information on Tunisia is available during your pre-travel consultation with Travelvax. Call 1300 360 164 for the location of the clinic nearest to you.