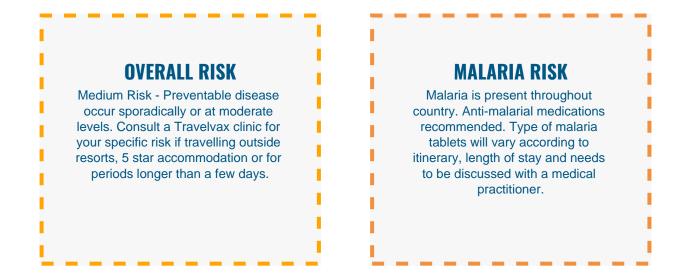


# MAYOTTE

# **ABOUT MAYOTTE VACCINATIONS**

The two Mayotte islands, which form part of the Comoros archipelago, are an Overseas Department of France situated to the north-west of Madagascar. The humid tropical climate offers average temperatures in the mid-20s°C with highest rainfall between November and April.



# **VACCINE PREVENTABLE DISEASES**

# **YELLOW FEVER**

Proof of vaccination against yellow fever is required for travellers aged 1 year or over, arriving from countries at risk for yellow fever transmission, as determined by WHO, and for travellers having transited for more than 12 hours through an airport of countries at risk for yellow fever transmission, as determined by WHO.

No certificate is required for direct travel from Australia or New Zealand.

# **COVID-19**

For the most up to date requirements for entry into Australia, go to Smartraveller.

Please click this COVID-19 Travel Regulations Map (IATA) to view the latest Mayotte COVID travel requirements.

# **HEPATITIS A**

Moderate risk to travellers, vaccination recommended.

# **HEPATITIS B**

Moderate presence of Hepatitis B in local population. Vaccination would be recommended.

# **TYPHOID**

Moderate risk for most travellers. Vaccination recommended for travel to smaller cities, villages and rural areas outside

usual tourist routes. Some medical conditions pre-dispose to infection; whether vaccinations would be recommended should be discussed with a medical practitioner. Consult a medical practitioner for your specific risk.

#### INFLUENZA

Year round risk present. Most common vaccine preventable illness in travellers. Vaccine recommended, effective for 1 year.

#### RABIES

Disease present. Recommendation for vaccination will depend on specific itinerary and activities planned. Generally rabies vaccination is advised for high risk individuals such as veterinarians or animal handlers, cavers. Additionally for higher risk travellers who plan: extended periods outdoors, rural travel, adventurous activities including bicycling; also expats or long-term travellers to endemic regions and children (risk of more severe or risk-prone bites and may not report contact at all).

#### **JAPANESE ENCEPHALITIS**

No risk to travellers.

#### POLIO

No risk to travellers.

#### **TICKBORNE ENCEPHALITIS**

No risk to travellers.

#### **MENINGOCOCCAL MENINGITIS**

Low risk to travellers.

#### **CHOLERA**

No risk to travellers.

# **OTHER DISEASES**

#### **TRAVELLERS DIARRHOEA**

High risk. Travellers' Diarrhoea affects 20-60% of overseas travellers, food and water precautions are essential. Self-treatment medications may be recommended.

#### **INSECT-BORNE DISEASES**

Diseases such as <u>Dengue</u>, <u>Chikungunya</u>, <u>Zika</u> may be present. Seasonal risk will vary by country. Whether preventive measures will be recommended will depend on itinerary, length of stay, type of travel etc. and needs to be discussed with a medical practitioner. For those countries with disease present, risk is highest in urban and semi-urban areas, but may also occur in rural areas; <u>insect avoidance measures</u> are highly recommended all year round. Travelvax believes that the best defence is to understand their habits, dress properly and use an <u>effective insect repellent</u> in the correct manner. Consult a medical practitioner for your specific risk.

#### **SCHISTOSOMIASIS**

No risk to travellers.

#### STIs

Sexually transmitted and blood-borne diseases occur. The risk to travellers can be greatly reduced by practising safe sex with any new partner. All travellers should carry condoms. Blood borne diseases (HIV, Hepatitis B & C) can be spread by blood transfusion, tattooing, body piercing or non-sterile needles. Travellers in high risk groups should carry sterile

needles (see also Medical Care).

### ALTITUDE

No risk to travellers.

# **ADDITIONAL INFORMATION**

### **PERSONAL SAFETY**

In order to check before and during travel for any high-risk areas visit the Smartraveller website. Avoid unnecessary displays of wealth or valuables and minimise the amounts of cash carried. Keep secure records of passport/credit card/licence numbers. For more safety tips visit: www.smartraveller.gov.au.

#### **MEDICAL CARE**

Comprehensive medical facilities available only in the major population centres and/or specific private clinics. Sterile surgical products (syringes/needles/sutures) are not always available. Check for any contacts supplied by your emergency assistance organisation (nominated by your travel insurer) or with IAMAT (International Association of Medical Assistance for Travellers).

### **FIRST AID KITS & ACCESSORIES**

Always carry an <u>advanced first aid kit</u>, including needles and syringes (shortages of sterile equipment are common). A prescription kit (containing treatments for travellers' diarrhoea) is essential. A <u>mosquito net</u> and <u>insect repellent</u> (containing DEET, Citriodiol or Picaridin) are highly recommended, even if anti-malarials are taken.

More information on Mayotte is available during your pre-travel consultation with Travelvax. Call 1300 360 164 for the location of the clinic nearest to you.