

# CHILE

# **ABOUT CHILE VACCINATIONS**

Chile is a long, narrow ribbon of land stretching almost 4350 km along the west coast of South America, wedged between the Andes on the east and the Pacific on the west. Chile has a stable government and a strong economy, and civil disorder is rare. Situated between the Andes and the Pacific, Chile is bordered by Peru, Bolivia and Argentina. Geographically it ranges from the northern deserts, through the lofty (up to 6100m) Andes, to the central valley and the lakes district to the south. Climatically, Chile ranges from warm summers and mild winters in the north, to cooler, wetter southern regions. Santiago has a long, dry summer (Dec-March) and a cold, rainy winter (June-Sept). Southern-most Patagonia has a long, cold, wet winter.



# **VACCINE PREVENTABLE DISEASES**

#### **YELLOW FEVER**

No certificate required and no risk to travellers.

### **COVID-19**

For the most up to date requirements for entry into Australia, go to Smartraveller.

Please click this COVID-19 Travel Regulations Map (IATA) to view the latest Chile COVID travel requirements.

### **HEPATITIS A**

Moderate risk to travellers, vaccination recommended.

# **HEPATITIS B**

Low presence of Hepatitis B in local population, discuss whether vaccination would be recommended with a medical practitioner . Vaccination is recommended for specific high-risk travellers (sport/adventure/occupational/sexual). Consult a medical practitioner for your specific risk.

### **TYPHOID**

Moderate risk for most travellers. Vaccination recommended for travel to smaller cities, villages and rural areas outside usual tourist routes. Some medical conditions pre-dispose to infection; whether vaccinations would be recommended should be discussed with a medical practitioner. Consult a medical practitioner for your specific risk.

#### INFLUENZA

Southern hemisphere winter risk (May to October). Most common vaccine preventable illness in travellers. Vaccine recommended, effective for 1 year.

#### RABIES

Disease present. Recommendation for vaccination will depend on specific itinerary and activities planned. Generally rabies vaccination is advised for high risk individuals such as veterinarians or animal handlers, cavers. Additionally for higher risk travellers who plan: extended periods outdoors, rural travel, adventurous activities including bicycling; also expats or long-term travellers to endemic regions and children (risk of more severe or risk-prone bites and may not report contact at all).

#### **JAPANESE ENCEPHALITIS**

No risk to travellers.

#### POLIO

No risk to travellers.

#### **TICKBORNE ENCEPHALITIS**

No risk to travellers.

#### **MENINGOCOCCAL MENINGITIS**

Low risk to travellers.

#### **CHOLERA**

No risk to travellers.

# **OTHER DISEASES**

### **TRAVELLERS DIARRHOEA**

Moderate risk. Travellers' Diarrhoea affects 20-60% of overseas travellers, food and water precautions are essential. Self-treatment medications may be recommended.

#### **INSECT-BORNE DISEASES**

Low risk to travellers.

#### **SCHISTOSOMIASIS**

No risk to travellers.

#### STIs

Low incidence of sexually transmitted and blood-borne diseases. Safe sex and needle precautions should be followed by all travellers.

## ALTITUDE

Altitude illness is a risk to travellers ascending higher than 2000 meters. Preventative medication is available. Consult a medical practitioner if ascending to 2000 metres or above.

# **ADDITIONAL INFORMATION**

#### **PERSONAL SAFETY**

In order to check before and during travel for any high-risk areas visit the Smartraveller website. Avoid unnecessary displays of wealth or valuables and minimise the amounts of cash carried. Keep secure records of passport/credit card/licence numbers. For more safety tips visit: www.smartraveller.gov.au.

#### **MEDICAL CARE**

Limited medical facilities available. Unless travelling with a well-equipped organisation, a high level of self-sufficiency in terms of first aid kits and sterile equipment is recommended. An evacuation contingency should be a part of your travel insurance. Check for any contacts supplied by your emergency assistance organisation (nominated by your travel insurer) or with IAMAT (International Association of Medical Assistance for Travellers).

#### **FIRST AID KITS & ACCESSORIES**

Carry a basic first aid kit, customised to your activities. For longer stays consider a needle and syringe pack and medication for travellers diarrhoea.

More information on Chile is available during your pre-travel consultation with Travelvax. Call 1300 360 164 for the location of the clinic nearest to you.