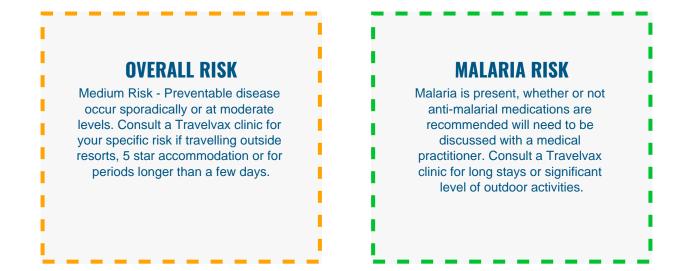


# **BRUNEI DARUSSALAM**

# **ABOUT BRUNEI DARUSSALAM VACCINATIONS**

On the north of the island of Borneo, the two distinct parts of Brunei Darussalam are divided, and surrounded, by Malaysian territory (Sarawak). While the climate is hot and humid all year, there are two monsoon seasons with December known for the highest rates of precipitation. February to April are generally the hottest months.



# **VACCINE PREVENTABLE DISEASES**

# **YELLOW FEVER**

A yellow fever vaccination certificate is required for travellers aged 9 months or over arriving from countries with risk of yellow fever transmission and for travellers having transited for more than 12 hours through an airport of a country with risk of yellow fever transmission.

No vaccination certificate is required for direct travel from Australia or New Zealand.

# **COVID-19**

For the most up to date requirements for entry into Australia, go to Smartraveller.

Please click this <u>COVID-19 Travel Regulations Map</u> (IATA) to view the latest Brunei Darussalam COVID travel requirements.

# **HEPATITIS A**

Moderate risk to travellers, vaccination recommended.

# **HEPATITIS B**

Moderate presence of Hepatitis B in local population. Vaccination would be recommended.

# **TYPHOID**

Moderate risk for most travellers. Vaccination recommended for travel to smaller cities, villages and rural areas outside usual tourist routes. Some medical conditions pre-dispose to infection; whether vaccinations would be recommended should be discussed with a medical practitioner. Consult a medical practitioner for your specific risk.

#### INFLUENZA

Year round risk present. Most common vaccine preventable illness in travellers. Vaccine recommended, effective for 1 year.

#### RABIES

Disease present. Recommendation for vaccination will depend on specific itinerary and activities planned. Generally rabies vaccination is advised for high risk individuals such as veterinarians or animal handlers, cavers. Additionally for higher risk travellers who plan: extended periods outdoors, rural travel, adventurous activities including bicycling; also expats or long-term travellers to endemic regions and children (risk of more severe or risk-prone bites and may not report contact at all).

#### **JAPANESE ENCEPHALITIS**

Disease present. Seasonal risk will vary by country. Whether vaccinations will be recommended will depend on itinerary, length of stay, type of travel etc and needs to be discussed with a medical practitioner. Risk is highest around pig farms and in agricultural areas. Mosquito avoidance measures are highly recommended all year round. Consult a medical practitioner for your specific risk, particularly if travelling during the wet season.

#### POLIO

No risk to travellers.

**Other country requirement(s) (2019):** Polio vaccination is required for travellers arriving from polio-affected countries (polio-exporting countries).

#### **TICKBORNE ENCEPHALITIS**

No risk to travellers.

#### **MENINGOCOCCAL MENINGITIS**

Low risk to travellers.

#### **CHOLERA**

No risk to travellers.

# **OTHER DISEASES**

#### TRAVELLERS DIARRHOEA

High risk. Travellers' Diarrhoea affects 20-60% of overseas travellers, food and water precautions are essential. Self-treatment medications may be recommended.

#### **INSECT-BORNE DISEASES**

No risk to travellers.

#### **SCHISTOSOMIASIS**

No risk to travellers.

# STIs

Low incidence of sexually transmitted and blood-borne diseases. Safe sex and needle precautions should be followed by all travellers.

# ALTITUDE

No risk to travellers.

# **ADDITIONAL INFORMATION**

# **PERSONAL SAFETY**

In order to check before and during travel for any high-risk areas visit the Smartraveller website. Avoid unnecessary displays of wealth or valuables and minimise the amounts of cash carried. Keep secure records of passport/credit card/licence numbers. For more safety tips visit: <a href="https://www.smartraveller.gov.au">www.smartraveller.gov.au</a>.

#### **MEDICAL CARE**

Comprehensive medical facilities accessible throughout the country. Check for any contacts supplied by your emergency assistance organisation (nominated by your travel insurer) or with IAMAT (International Association of Medical Assistance for Travellers).

# **FIRST AID KITS & ACCESSORIES**

Carry a basic first aid kit, customised to your activities. For longer stays consider a needle and syringe pack and medication for travellers diarrhoea.

More information on Brunei Darussalam is available during your pre-travel consultation with Travelvax. Call 1300 360 164 for the location of the clinic nearest to you.