

# BANGLADESH

# **ABOUT BANGLADESH VACCINATIONS**

Located on the northern edge of the Bay of Bengal, Bangladesh is almost entirely a delta built up from annual silt deposited by the Brahmaputra and Ganges rivers - the capital, Dhaka is less than 7m above sea level. The climate is tropical, with monsoons and periodic devastating cyclones. March to mid-June is characterised by daytime temperatures of 38°C with high humidity. The monsoon season follows from mid-June through October, with temperatures somewhat lower and days generally cloudy. From mid-November through February, the weather is clear, dry and guite comfortable.

# **OVERALL RISK**

High Risk - Preventable disease is much more common than in Australia. Consult a Travelvax clinic for your specific risk.

# **MALARIA RISK**

Malaria is present throughout country. Anti-malarial medications recommended. Type of malaria tablets will vary according to itinerary, length of stay and needs to be discussed with a medical practitioner.

# **VACCINE PREVENTABLE DISEASES**

#### YELLOW FEVER

A yellow fever vaccination certificate is required from travellers aged 1 year and over arriving from countries with risk of yellow fever transmission and for travellers having transited through an airport of a country with risk of yellow fever transmission.

No vaccination certificate is required for direct travel from Australia or New Zealand.

Other country requirement(s) (2022): Proof of vaccination against poliomielytis requiered for arriving travellers under 5 years of age. Proof of vaccination against meningococcal meningitis and seasonal influenza required for departing travellers in the context of Hajj.

# COVID-19

For the most up to date requirements for entry into Australia, go to **Smartraveller**.

Please click this COVID-19 Travel Regulations Map (IATA) to view the latest Bangladesh COVID travel requirements.

#### **HEPATITIS A**

Risk of Hepatitis A infection is high for all travellers, vaccination recommended.

# **HEPATITIS B**

Moderate presence of Hepatitis B in local population. Vaccination would be recommended.

#### **TYPHOID**

Risk of Typhoid is high for all travellers, vaccination recommended.

#### **INFLUENZA**

Year round risk present. Most common vaccine preventable illness in travellers. Vaccine recommended, effective for 1 year.

#### **RABIES**

Disease present. Recommendation for vaccination will depend on specific itinerary and activities planned. Generally rabies vaccination is advised for high risk individuals such as veterinarians or animal handlers, cavers. Additionally for higher risk travellers who plan: extended periods outdoors, rural travel, adventurous activities including bicycling; also expats or long-term travellers to endemic regions and children (risk of more severe or risk-prone bites and may not report contact at all).

# **JAPANESE ENCEPHALITIS**

No risk to travellers.

## **POLIO**

No risk to travellers.

## **TICKBORNE ENCEPHALITIS**

No risk to travellers.

#### MENINGOCOCCAL MENINGITIS

Low risk to travellers.

#### **CHOLERA**

Disease is present, however the risk is low for the majority of travellers. Peace corp, volunteers, refugee workers etc need to consider vaccination. All travellers should take food and water precautions. Consult a medical practitioner for your specific risk.

# OTHER DISEASES

#### TRAVELLERS DIARRHOEA

High risk. Travellers' Diarrhoea affects 20-60% of overseas travellers, food and water precautions are essential. Self-treatment medications may be recommended.

## **INSECT-BORNE DISEASES**

Diseases such as <u>Dengue</u>, <u>Chikungunya</u>, <u>Zika</u> may be present. Seasonal risk will vary by country. Whether preventive measures will be recommended will depend on itinerary, length of stay, type of travel etc. and needs to be discussed with a medical practitioner. For those countries with disease present, risk is highest in urban and semi-urban areas, but may also occur in rural areas; <u>insect avoidance measures</u> are highly recommended all year round. Travelvax believes that the best defence is to understand their habits, dress properly and use an <u>effective insect repellent</u> in the correct manner. Consult a medical practitioner for your specific risk.

## **SCHISTOSOMIASIS**

No risk to travellers.

#### STIs

Low incidence of sexually transmitted and blood-borne diseases. Safe sex and needle precautions should be followed by all travellers.

#### **ALTITUDE**

Altitude illness is a risk to travellers ascending higher than 2000 meters. Preventative medication is available. Consult a medical practitioner if ascending to 2000 metres or above.

# ADDITIONAL INFORMATION

## **PERSONAL SAFETY**

In order to check before and during travel for any high-risk areas visit the Smartraveller website. Avoid unnecessary displays of wealth or valuables and minimise the amounts of cash carried. Keep secure records of passport/credit card/licence numbers. For more safety tips visit: <a href="www.smartraveller.gov.au">www.smartraveller.gov.au</a>.

#### **MEDICAL CARE**

Comprehensive medical facilities available only in the major population centres and/or specific private clinics. Sterile surgical products (syringes/needles/sutures) are not always available. Check for any contacts supplied by your emergency assistance organisation (nominated by your travel insurer) or with IAMAT (International Association of Medical Assistance for Travellers).

#### **FIRST AID KITS & ACCESSORIES**

Carry a basic <u>first aid kit</u>, customised to your activities. For longer stays consider a needle and syringe pack and medication for travellers diarrhoea.

More information on Bangladesh is available during your pre-travel consultation with Travelvax. Call 1300 360 164 for the location of the clinic nearest to you.