

AMERICAN SAMOA

ABOUT AMERICAN SAMOA VACCINATIONS

A territory of the US situated in the South Pacific, the seven islands and atolls of American Samoa make up part of Polynesia. The 8-month long summer season begins in October, offering hot and wet conditions with the chance of tropical storms. This is followed by a slightly cooler, but drier period.

OVERALL RISK

Low Risk - Preventable disease at similar rates to Australia. Consult a Travelvax clinic for your specific risk based on the information set out below.

MALARIA RISK

No risk to travellers.

VACCINE PREVENTABLE DISEASES

YELLOW FEVER

No certificate required and no risk to travellers.

COVID-19

For the most up to date requirements for entry into Australia, go to **Smartraveller**.

Please click this <u>COVID-19 Travel Regulations Map</u> (IATA) to view the latest American Samoa COVID travel requirements.

HEPATITIS A

Low risk.

HEPATITIS B

Low presence of Hepatitis B in local population, discuss whether vaccination would be recommended with a medical practitioner. Vaccination is recommended for specific high-risk travellers (sport/adventure/occupational/sexual). Consult a medical practitioner for your specific risk.

TYPHOID

Low risk for most travellers. Consult a medical practitioner for your specific risk.

INFLUENZA

Year round risk present. Most common vaccine preventable illness in travellers. Vaccine recommended, effective for 1 year.

RABIES

No risk to travellers.

IAPANESE ENCEPHALITIS

No risk to travellers.

POLIO

No risk to travellers.

TICKBORNE ENCEPHALITIS

No risk to travellers.

MENINGOCOCCAL MENINGITIS

Low risk to travellers.

CHOLERA

No risk to travellers.

OTHER DISFASES

TRAVELLERS DIARRHOEA

High risk. Travellers' Diarrhoea affects 20-60% of overseas travellers, food and water precautions are essential. Self-treatment medications may be recommended.

INSECT-BORNE DISEASES

Diseases such as <u>Dengue</u>, <u>Chikungunya</u>, <u>Zika</u> may be present. Seasonal risk will vary by country. Whether preventive measures will be recommended will depend on itinerary, length of stay, type of travel etc. and needs to be discussed with a medical practitioner. For those countries with disease present, risk is highest in urban and semi-urban areas, but may also occur in rural areas; <u>insect avoidance measures</u> are highly recommended all year round. Travelvax believes that the best defence is to understand their habits, dress properly and use an <u>effective insect repellent</u> in the correct manner. Consult a medical practitioner for your specific risk.

SCHISTOSOMIASIS

No risk to travellers.

STIs

Low incidence of sexually transmitted and blood-borne diseases. Safe sex and needle precautions should be followed by all travellers.

ALTITUDE

No risk to travellers.

ADDITIONAL INFORMATION

PERSONAL SAFETY

In order to check before and during travel for any high-risk areas visit the Smartraveller website. Avoid unnecessary displays of wealth or valuables and minimise the amounts of cash carried. Keep secure records of passport/credit card/licence numbers. For more safety tips visit: www.smartraveller.gov.au.

MEDICAL CARE

Comprehensive medical facilities accessible throughout the country. Check for any contacts supplied by your emergency assistance organisation (nominated by your travel insurer) or with IAMAT (International Association of Medical Assistance for Travellers).

FIRST AID KITS & ACCESSORIES

Carry a basic <u>first aid kit</u>, customised to your activities. For longer stays consider a needle and syringe pack and medication for travellers diarrhoea.

More information on American Samoa is available during your pre-travel consultation with Travelvax. Call 1300 360 164 for the location of the clinic nearest to you.